

ALL ALONE

Composers: Fred & Della Sweet, 134 Princess Anne Cresc., Islington, Ontario, Canada M9A2R6
Record : Telemark **15372**
Position : Diag OP Fcg Ptr & Wall
Footwork : Opposite

Meas.

INTRO

- 1-6 WAIT SIX BEATS; APART, POINT; (W LF TWIRL) M MANUV; WHISK; THRU, SIDE, CLOSE(BFLY);
1-2 Diag OP fcg ptr and wall wait six beats;
3 Apart L fc ptr, point R;
4 M manuv RF on R, side L to fc RLOD, close R to L (W LF twirl L,R,L);
5 Fwd twd RLOD on L, side R to COH, XLIB of R rising on toes;
6 Thru R to SCP, side L fc wall, close R to L(to bfly);

PART A

- 1-4 WALTZ AWAY; WALTZ PICK-UP; CANTER BK; BK, SIDE, FWD/CHECK;
1 (Momentary Bfly) waltz diag LOD L,R,L;
2 M fwd LOD on R, fwd L, close R to L(W fwd L, in front of M on R, close L to R);
3 Bk L diag RLOD & COH, draw R to L and close;
4 Bk L diag RLOD, side R twd wall, fwd/check LOD and wall on L;
5-8 BK, CLOSE, FWD/FWD(QQ); MANUV; SPIN TURN: (1/2 BOX)BK, SIDE, CLOSE;
5 (CP) M bk RLOD on R(bjo), close L to R, fwd LOD R, L(QQ)(W fwd RLOD on L to bjo close R to L, bk LOD L,R);
6 M manuv RF on R, side L fc RLOD, close R to L;
7 M bk L pivot 3/4 RF to fc wall, fwd R-heel rising up on toe leave L-leg extended, recov bk on L (W fwd R pivot 3/4 RF fc COH, bk L letting R toe swing bk to tch beside L, fwd R);
8 (1/2 Box) M bk R COH, side on L LOD, close R to L(blend to bfly);

REPEAT PART A MEAS 1-8(END CP FCG WALL);

PART B

- 1-4 L-TRN WALTZ 1/2; L-TRN WALTZ 1/2; WALTZ BALANCE(RLOD); M ACROSS(BJO);
1 (CP) M LF trn waltz 1/2 L,R,L, to fc LOD;
2 M LF trn waltz 1/2 R,L,R, to fc COH;
3 (Waltz Balance) M side L RLOD, R behind L, recov L to RSCP fcg LOD;
4 M XIF of W on R twd COH, spot trn LF rising on L to bjo fcg LOD, close R to L(W trn LF on L in place to fc LOD, continue trng LF rising on R toe to fc RLOD, close L to R);
5-8 FWD, FWD/TRN, SIDE/CHECK; (TRNG LOCK)BK, LOCK, BK/TRN, FWD; FWD/CHECK, RECOV, CLOSE; DOUBLE REVERSE 3/4 TRN;
5 (Bjo) M fwd on L, trng RF rising on R toe to fc diag RLOD and wall, side on L/check twd wall;
6 (Trng Lock) M bk R, XLIF of R, bk R trng L to fc diag twd LOD, fwd L in mod-bjo;
7 M fwd/check on R LOD, recov on L, close R to L end in CP fcg LOD;
8 (Double Reverse 3/4) M fwd L diag trng L, R across LOD trng L, tch L to R fcg wall(W bk R, trng 1/2 L on R-heel, trng L close L to R/side R LOD and around ptr, trng L on ball of R XLIF of R to end fcg ptr and COH);

REPEAT PART B MEAS 1-8;

SEQUENCE: INTRO AA BB AA BB ENDING;
ENDING : APT ON L, PT R TWD PTR TO ACK.